



Waterland Wellness
 22014 7th Ave S, Suite 105
 Des Moines, WA 98198
 P: (206) 824-1441
 F: (206) 824-1885

ON-THE-JOB INJURY (WORKERS COMP / L&I) QUESTIONNAIRE

Patient Name: _____ Ph: _____

DOB: _____ Job Title: _____

PATIENTS WORKERS COMPENSATION / L&I INFORMATION

Employer Name/Address/Phone: _____

Insurance Name & Address: _____

Insurance Adjustor Name & Phone#: _____

Date & Time of Injury: _____ Claim#: _____

INJURY INFORMATION

In your own words, please describe the accident/how your injury occurred?

What was the weather like (if applicable) or work environment like at the time of incident?

Initial symptoms, if any, related to incident?

Any Activities of Daily Living (ADL's, i.e. trouble sitting/hard to clean the house) or WORK DUTIES affected since the incident?

What self-care have you done for yourself, if any, since the incident?

